



Cambridge Cycling Club

presents the Start Sheet for

‘The Viking 50’

BBAR & East Anglian VTTA Championship combined 50 mile TTs

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Course F2/50 Saturday, June 24th, 2023 Starts at 1:18pm

- Event Organiser: Chris Dyason, 2 Primes Corner, Histon, Cambridge CB24 9AG
cdyason@hotmail.com 07970-093019
- Timekeepers: Tim and Wally Groves
- Headquarters: The Hub Community Centre, High Street, Great Cambourne, CB23 6GW
- Course: Start at paint mark about 25 yards short of expansion joint in road surface of bridge where St Neots Road crosses over A428 dual carriageway just west of Highfields Caldecote. Proceed eastwards straight over (1st exit) Caldecote RAB to Hardwick RAB where **sharp left**, 1st exit, onto A428 westbound. Pass Cambourne junction to
TURN (5.4 miles) at Caxton Gibbet RAB and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip to Madingley RAB (signed Cambridge) **NOTE: NO MARSHAL HERE but THERE WILL BE CTT ARROWS**. At the roundabout take 4th exit to A428 westbound. Continue past Hardwick and Cambourne junctions to
TURN (18.0 miles) at Caxton Gibbet RAB, then repeat via Madingley RAB onto third lap to
TURN (30.6 miles) at Caxton Gibbet RAB, then repeat via Madingley RAB onto fourth lap to
TURN (43.2 miles) at Caxton Gibbet RAB, then return to Madingley RAB, but TAKE THE 3rd EXIT (the one before the A428 slip) onto St Neots Road to FINISH 0.6 miles along St Neots Road 20 yds after Hardwick 40mph sign.

PLEASE READ the course details. Note that 4th time at Madingley roundabout, when you will have done over 49 miles, you leave earlier to go to the finish. There will be a yellow sign at the relevant point showing the laps/finish routes.

HQ to start: Just over 3 miles of flat road. The route will be signed.

Finish to HQ: Continue on past the finish and follow St Neots Road past the start to Cambourne. Do not use the A428. The 5 mile route will be signed.

- Parking:** The HQ has a car park at the rear. Nearer the start there is abundant space along the verges of St Neots Road between Cambourne and the start. No parking on the road near the start or finish.
- Warming up:** No warming up along the course by competitors once the event has started. No U-turns in view of the start or the finish. St Neots Road between Cambourne and the start area is ideal for warming up.
- Lights and helmets:** Working front and rear lights are compulsory, as is a cycling helmet. Without complying with these requirements, riders cannot start.
- Numbers:** Will be at the HQ an hour before the first start. When you return your number and sign out you will get a free cuppa. Cakes will be available and all receipts will be donated to the two local Air Ambulance charities. You may need their help one day, so be generous!

The Viking Road Club Open 50 was one of the classic Essex time trials reliably producing fast times from top riders on the Southend Road and later on the A12. Sadly the event had its last running in the 1990s and in 2017 the Viking Road Club was disbanded. Cambridge CC resurrected the classic event and the history continues.

PRIZES (all riders are in the Viking 50 BBAR event)

| | | | |
|-----------------|-----|-----------------|-----|
| Fastest | £40 | Fastest woman | £40 |
| 2 nd | £30 | 2 nd | £25 |
| 3 rd | £25 | 3 rd | £15 |
| 4 th | £20 | | |
| 5 th | £15 | | |

Fastest rider overall to hold The Viking Trophy for a year.

| | | | |
|------------------------------------|-----|--------------------------------------|-----|
| 1 st man 'Age Adjusted' | £40 | 1 st woman 'Age Adjusted' | £40 |
| 2 nd | £30 | 2 nd | £25 |
| 3 rd | £25 | 3 rd | £15 |
| 4 th | £20 | | |
| 5 th | £15 | | |

Fastest club team of 3 £20 each

Apart from the team awards, limit one money prize per rider.

East Anglian VTTA Championship 50 – EA VTTA members only:

1st man and 1st woman on Age Adjustment £30 and jointly hold The Syd Parkinson Cup for a year
 2nd man on Age Adjustment £25

Winners of the above may opt for a VTTA medal in lieu of the money prize.

POTHOLE. Sadly, the course has been beset with potholes this year. Most have been fixed but I'll be checking the course the day before with a can of yellow spray paint and will have a notice at sign-in if needed.

The Viking 50 & VTTA East Anglia 50 Championship

| No. | Start | Rider | Bike | Club | Cat | Age | Age Adj. | VTTA | LTS best |
|-----|-------|-------------------|------|------------------------------|-----|-----|----------|------|----------|
| 18 | 13:18 | John J Murphy | TT | Gloucester City Cycling Club | V | 83 | 37:05 | | 02:26:07 |
| 19 | 13:19 | Josephine Rosier | TT | Ipswich BC | WV | 53 | 18:54 | EA | 02:39:31 |
| 20 | 13:20 | Kevin Humphreys | RB | Sherwood CC | V | 63 | 11:46 | | |
| 21 | 13:21 | John Capel | TT | Coalville Whs | V | 52 | | | |
| 22 | 13:22 | Sue Chittock | TT | Ipswich BC | WV | 54 | 19:29 | EA | 02:25:12 |
| 23 | 13:23 | Stephen Hitchcock | RB | CC Sudbury | V | 52 | | | |
| 24 | 13:24 | Emily Varley | TT | Hitchin Nomads CC | W | 28 | | | |
| 25 | 13:25 | Gillian Morgan | TT | Westerley Cycling Club | WV | 62 | 25:02 | | 02:21:33 |
| 26 | 13:26 | Jen Clegg | TT | Team Bottrill | WV | 69 | 31:40 | | 02:10:07 |
| 27 | 13:27 | Alison Schofield | TT | Barton Wheelers CC | WV | 41 | | | |
| 28 | 13:28 | Pamela Moore | TT | Coalville Whs | WV | 56 | 20:43 | | 02:16:29 |
| 29 | 13:29 | Patrick Claridge | RB | Chelmer CC | V | 59 | | | |
| 30 | 13:30 | Andrew Simpkins | TT | Team Echelon | V | 69 | 16:56 | | 02:02:22 |
| 31 | 13:31 | Sarah Harrison | TT | Trek Sheffield | WV | 49 | 16:45 | | 02:19:39 |
| 32 | 13:32 | David Marshall | RB | Hemel Hempstead CC | V | 58 | 8:23 | | |
| 33 | 13:33 | Michael Martin | TT | CC Ashwell | V | 58 | 8:23 | EA | 01:56:30 |
| 34 | 13:34 | Mark Morgan | TT | Coalville Whs | V | 63 | | | |
| 35 | 13:35 | Oswin Grady | TT | Bedfordshire Road RT | V | 48 | | | 02:07:03 |
| 36 | 13:36 | Judy Reid | TT | Icknield RC | WV | 63 | 25:52 | | 02:13:04 |
| 37 | 13:37 | Mark Hamer | TT | Legato Racing Team (LRT) | V | 48 | 3:13 | | 01:47:01 |
| 38 | 13:38 | Winston Southwell | TT | Sheffield Triathlon Club | V | 48 | | | |
| 39 | 13:39 | Shay Giles | TT | Thanet RC | V | 78 | 28:04 | | 02:13:01 |
| 40 | 13:40 | Shawnie Lovatt | TT | Barton Wheelers CC | W | 28 | | | |
| 41 | 13:41 | Simon Ward | TT | Welland Valley CC | V | 52 | 5:04 | | 02:09:42 |
| 42 | 13:42 | Paul Tunnell | TT | Addiscombe CC | V | 62 | | | 02:08:52 |
| 43 | 13:43 | Nat Orpen-Palmer | TT | Dulwich Paragon CC | S | 36 | | | 02:08:46 |
| 44 | 13:44 | Dominic Whitehead | TT | Cambridge CC | V | 64 | 12:32 | EA | 02:07:37 |
| 45 | 13:45 | David Parkin | TT | Velotik Racing Team | S | 36 | | | 01:45:10 |
| 46 | 13:46 | Jonathan Durnin | TT | Welland Valley CC | V | 51 | 4:35 | | |
| 47 | 13:47 | Deborah Sheridan | TT | Warwickshire Road Club | WV | 66 | 28:34 | | 02:05:57 |
| 48 | 13:48 | Toby Williams | TT | Velotik Racing Team | S | 30 | | | 01:42:36 |
| 49 | 13:49 | Mark Read | TT | Dulwich Paragon CC | V | 51 | | | 02:02:54 |
| 50 | 13:50 | Peter Iffland | TT | Chippenham & Dist. Whlrs. | V | 59 | 9:00 | | 02:03:11 |
| 51 | 13:51 | Barrie Whittaker | TT | Lyme Racing Club | V | 66 | 14:11 | | 02:02:40 |
| 52 | 13:52 | Sean McDougall | TT | Icknield RC | V | 51 | 4:35 | | 02:01:19 |
| 53 | 13:53 | Simon Lovelock | TT | Team Skipper | S | 39 | | | 02:00:58 |
| 54 | 13:54 | Chris Spray | TT | Ratae RC | V | 56 | 7:12 | | 02:00:19 |
| 55 | 13:55 | Martin Lee | TT | Bury Clarion CC | V | 59 | 9:00 | | |
| 56 | 13:56 | Simon Warren | RB | Norwood Paragon CC | V | 50 | 4:07 | | |
| 57 | 13:57 | Timothy Welsh | TT | Cambridge CC | S | 26 | | | |
| 58 | 13:58 | Luca Morrone | TT | Onyx RT | S | 32 | | | |
| 59 | 13:59 | Iain Tebbutt | TT | Coalville Whs | V | 56 | | | 01:59:26 |
| 60 | 14:00 | Dave Green | TT | CC Breckland | V | 59 | 9:00 | EA | 01:46:26 |
| 61 | 14:01 | Stuart Thompson | TT | Velo Club St Raphael | V | 48 | 3:13 | | 01:59:21 |
| 62 | 14:02 | Paul Looke | TT | Shaftesbury CC | V | 56 | 7:12 | EA | 01:59:19 |
| 63 | 14:03 | Paul Williamson | TT | St Neots CC | V | 53 | | | |
| 64 | 14:04 | Jade Anstis | TT | Royal Leamington Spa CC | W | 34 | | | 02:06:38 |
| 65 | 14:05 | Nicholas Coe | TT | Verulam Really Moving | V | 65 | 13:21 | | 01:58:28 |
| 66 | 14:06 | James Wood | TT | West Suffolk Wheelers | V | 60 | 9:39 | EA | 01:58:13 |
| 67 | 14:07 | Michael Costello | TT | Race Hub | V | 47 | 2:47 | | 01:58:06 |
| 68 | 14:08 | Adrian McHale | TT | Peterborough CC | V | 47 | 2:47 | EA | 01:57:59 |
| 69 | 14:09 | Philip Jones | TT | Peterborough CC | V | 64 | 12:32 | EA | 01:57:39 |

| No. | Start | Rider | Bike | Club | Cat | Age | Age Adj. | VTTA | LTS best |
|-----|-------|----------------------|------|-----------------------------------|-----|-----|----------|------|----------|
| 70 | 14:10 | Adrian Gower | RB | Hitchin Nomads CC | V | 60 | 9:39 | EA | 01:57:12 |
| 71 | 14:11 | Matt Plews | TT | Welland Valley CC | V | 48 | 3:13 | | 01:57:09 |
| 72 | 14:12 | Emily Robertson | RB | Bedfordshire Road CC | W | 37 | | | 01:56:49 |
| 73 | 14:13 | Benoit Bely | TT | Walden Tri | V | 48 | | | 01:56:32 |
| 74 | 14:14 | Andrew Cross | TT | Inflite Type One | V | 47 | | | 01:55:39 |
| 75 | 14:15 | Ralph Anstis | TT | Royal Leamington Spa CC | S | 34 | | | 01:55:35 |
| 76 | 14:16 | Mark White | TT | Mark White Coaching RT | V | 53 | 5:34 | | 01:55:06 |
| 77 | 14:17 | John Manlow | RB | Ely & District CC/B&T Motor Rej | V | 54 | 6:06 | EA | 01:51:37 |
| 78 | 14:18 | Deborah Beare | TT | Icknield RC | WV | 41 | 13:04 | | 01:54:55 |
| 79 | 14:19 | Neil White | TT | Ambion Racing Team | V | 55 | 6:38 | | 01:54:51 |
| 80 | 14:20 | Steve Clarke | TT | TMG Horizon Cycling Team | V | 68 | 15:58 | EA | 01:54:47 |
| 81 | 14:21 | Mick Stevens | TT | Melton Olympic CC | V | 73 | 21:16 | | 01:54:44 |
| 82 | 14:22 | Ian Cardy | TT | Chelmer CC | V | 59 | 9:00 | EA | 01:54:35 |
| 83 | 14:23 | Kim Barfoot-Brace | TT | Team Bottrill | WV | 42 | 13:30 | | 01:54:04 |
| 84 | 14:24 | Andrew Halliday | TT | Westerley Cycling Club | V | 51 | 4:35 | | 01:53:52 |
| 85 | 14:25 | James Harris | TT | Catford CC Ltd | V | 44 | 1:33 | | 01:53:38 |
| 86 | 14:26 | Ed Tarelli | TT | Race Hub | V | 51 | 4:35 | | 01:53:25 |
| 87 | 14:27 | Richard Tully | TT | Elite Cycling | V | 46 | 2:21 | EA | 01:53:13 |
| 88 | 14:28 | Martin Fisher | TT | Melton Olympic CC | V | 44 | 1:33 | | 01:53:09 |
| 89 | 14:29 | Wolfgang Emmerich | TT | Team Bottrill | V | 57 | 7:46 | | 01:52:58 |
| 90 | 14:30 | Andrew Askwith | TT | Vive Le Velo | V | 58 | 8:23 | | 01:52:55 |
| 91 | 14:31 | Jez Willows | TT | Sherwood CC | V | 58 | 8:23 | | 01:52:46 |
| 92 | 14:32 | Philip Wilkinson | TT | Rockingham Forest Wheelers | V | 50 | | | 01:52:34 |
| 93 | 14:33 | Kevin Wood | TT | Sherwood CC | V | 61 | 10:20 | | 01:52:26 |
| 94 | 14:34 | Michael Schofield | TT | Verulam CC | V | 57 | 7:46 | EA | |
| 95 | 14:35 | James Wooldridge | TT | Team Milton Keynes | V | 43 | 1:09 | | 01:51:46 |
| 96 | 14:36 | Liam Kemp | TT | Southampton University Road C | S | 25 | | | 01:51:36 |
| 97 | 14:37 | Lawrence Wintergold | TT | Hounslow & District Whs | V | 58 | | | 01:51:20 |
| 98 | 14:38 | Mark Bottrill | TT | Team Bottrill | S | 38 | | | 01:50:48 |
| 99 | 14:39 | Grant Orsborn | TT | Bedfordshire Road RT | V | 62 | 11:02 | EA | 01:50:06 |
| 100 | 14:40 | Paul Blamire | TT | Amersham Road Cycling Club | V | 48 | | | 01:49:26 |
| 101 | 14:41 | Colin Parkinson | TT | South Western Road Club | V | 61 | 10:20 | | 01:49:25 |
| 102 | 14:42 | David James Williams | TT | Velotik Racing Team | V | 44 | 1:33 | | 01:47:22 |
| 103 | 14:43 | Steven Cottington | TT | Bath Cycling Club | V | 61 | 10:20 | | 01:48:39 |
| 104 | 14:44 | Simon Adcook | TT | Team Echelon | V | 49 | 3:39 | | 01:48:15 |
| 105 | 14:45 | Keke Orth | TT | Maldon & District CC | S | 36 | | | 01:47:22 |
| 106 | 14:46 | Neil Harris | TT | Southborough & Dist. Whs | V | 41 | | | 01:46:38 |
| 107 | 14:47 | Andrew Turnock | TT | Finsbury Park CC | V | 52 | | | 01:46:37 |
| 108 | 14:48 | Chris Ward | TT | Spalding CC | V | 57 | 7:46 | | 01:46:00 |
| 109 | 14:49 | Peter Harding | TT | Chelmer CC | V | 42 | | | 01:45:22 |
| 110 | 14:50 | Simon Bowler | TT | AS Test Team | V | 57 | | | 01:45:17 |
| 111 | 14:51 | Simon Butteriss | TT | Ely & District CC/B&T Motor Rej | V | 44 | 1:33 | EA | 01:44:22 |
| 112 | 14:52 | Nic Pillinger | TT | St Neots CC | V | 45 | 1:57 | EA | 01:43:53 |
| 113 | 14:53 | Tom Thornely | TT | FTP (Fulfil The Potential) Race | V | 40 | 0:00 | | 01:42:10 |
| 114 | 14:54 | Anthony Jones | TT | VMCC powered by Y Beic | V | 49 | 3:39 | | 01:41:38 |
| 115 | 14:55 | Henrik Persson | TT | FTP (Fulfil The Potential) Race | S | 39 | | | 01:41:00 |
| 116 | 14:56 | Ross Clarke | TT | TMG Horizon Cycling Team | S | 38 | | | 01:40:20 |
| 117 | 14:57 | Christopher Gibbard | TT | Bynea Cycling Club | V | 41 | 0:23 | | 01:40:09 |
| 118 | 14:58 | Marcel Schubert | TT | Darlington Cycling Club | V | 41 | 0:23 | | 01:38:58 |
| 119 | 14:59 | Tom Hutchinson | TT | Team Bottrill | S | 27 | | | 01:37:23 |
| 120 | 15:00 | Tim McEvoy | TT | FTP (Fulfil The Potential) Race | V | 45 | | | 01:36:23 |